

Media Release

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Karger Publishers Launches Kompass Nutrition & Dietetics

What are the effects of elevated blood sugar on the course of a Covid-19 infection? How has the quarantine changed the eating habits of society? A new Karger publication answers these and many other questions.

This December will see publication of the first issue of the new Kompass Nutrition & Dietetics. The new healthcare journal aimed at dietologists and nutrition scientists is put together by Karger in cooperation with the European Federation of the Associations of Dietitians (EFAD). The European umbrella organization of dietologists and nutrition scientists includes 33 member organizations in total with over 33,000 members in 28 European countries. They will in the future all be given free access to the e-journal.

Kompass Nutrition & Dietetics will be published twice per year in a digital format: in Fall/Winter and in Spring. Every issue will be dedicated to a thematic focus. The first issue focuses on Covid-19. What connections might there be between nutrition and the course of the illness? And what role does nutrition play in rehabilitation following recovery? Psychological topics such as the influence of the pandemic on nutritional habits are also explored.

“We are very happy to have gained the EFAD as a partner for this project”, comments Joachim Flickinger, Head of Clinical and Patient Markets at Karger, on the launch. “Kompass Nutrition and Dietetics is an important complement to our extant scientific portfolio in nutrition science. Significantly expanding our offerings for clinical doctors and patients is a central point of our strategy”, he says.

Dr. Elke Naumann and Dr. Liana Poulia have been given responsibility for the content of this new journal. Dr. Elke Naumann researches and teaches at the HAN University of Applied Sciences in Nijmegen (Netherlands) where she is associate professor of the Chair for Nutrition and Dietetics. She is the journal’s coordinator. Dr. Liana Poulia will take on the responsibility of editor-in-chief for the first issue. She is a clinical dietologist and nutrition scientist at the General Hospital of

Athens. The advisory committee for the journal covers a breadth of expertise consisting among others of specialists in obesity, diabetes, oncology, sports and movement sciences, and gastroenterology.

A successful publication series of Karger's in several languages, Kompass journals are addressed to clinicians and medical specialists. Recent additions have been made in the subject area pneumology which is also available in Spanish for the Latin American market and now, our newest journal in nutrition sciences. The Kompass journals report on important news from that specialized field and also offer a column on clinicians and doctors in training. The primary goal of the journals is to transfer knowledge from research to practice. The experienced advisory councils place a focus on the relevance of the research results for the practical work with patients.

More information on Kompass Nutrition & Dietetics can be found at karger.com/knd (once the journal will have been launched).

You can view the video on the Kompass Concept [here](#).

About Karger Publishers

Karger Publishers is a worldwide publisher of scientific and medical content based in Basel, Switzerland. It is independent and family-led in the fourth generation by Chairwoman and Publisher Gabriella Karger. Connecting and advancing health sciences since 1890, Karger has been continuously evolving, keeping pace with the current developments and shifts in research and publishing. The publishing house is dedicated to serving the information needs of the scientific community, clinicians, and patients with publications of high-quality content and services in health sciences. Karger Publishers has 240 employees and is present in 15 countries around the globe.

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Media Contact:

Linda Schmidt · Brand Specialist · Karger Publishers
+41 61 306 1239 · l.schmidt@karger.com · karger.com/Media-Relations

